

## PARENT INFORMATION SERIES: EXECUTIVE FUNCTION

Thursday, January 28, 2021 6:30 PM

This is a Microsoft Teams Virtual Meeting. Please use this link to join the meeting.

Join your Olentangy Schools Parent Mentors, Fran Gardner and Shelly Frederick for a parent training presented by Shridhevi Veerappan and Sydney Blankenship, District Behavior Specialists on Executive Function, which can be described as "the management system of the brain." We will share how these skills help us plan and get things done, along with strategies for helping your child pay attention, organize, and regulate emotions. We will have time for your questions after the presentation.

**Directions on how to join a Microsoft Teams Meeting** 

This presentation will be available on our website under Departments-Pupil Services- Parent Mentor Program- Parent Information Series. Help your child set goals, learn to plan, and get things done.

Executive Function skills impact children in school, at home, and in life.

We use Executive Functioning skills all the time.

There will be time for questions after the presentation.

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