

## PORTRAIT OF A LEARNER

CONVERSATIONS WORTH HAVING

Wednesday, April 14 6:30pm - 7:00pm Join the virtual conversation HERE

## RESILIENCE

Building a Resilient Mindset in Young Adults.

Resilience is less about who you are and more about how you think. Your ability to bounce back is not just a means to survive extreme situations — recovering from everyday events is critical to thriving in life. The good news is that the ability to rise above is not fixed; you can learn and develop it.

## MEET DR. BEVERLY GOOD

Dr. Good teaches at Otterbein University and in Westerville Schools, specializing in TESOL courses and English as a Second Language. She is known throughout Ohio for coordinating and presenting professional development for inservice and preservice teachers to improve the classroom support of English learners. She is a member of the Ohio ESL Advisory Committee and past president of Ohio TESOL.

