

LifeTime Fitness I Session I

May 28 – July 2

Attendance at each class is mandatory

Date	Activity	Time
May 7	Introduction to Class	3:15pm – 4:15pm

Class expectations, format, assignments and activity location will be shared. Parents are welcome to attend. If the student does not attend this class, the student will be withdrawn

May 28	Ballroom Dance	10:00am – 11:00am
June 5	Ballroom Dance	10:00am – 11:00am
June 13	Hiking	9:00am – 10:30am
June 20	Golf	9:30am – 11:00am
June 26	Bowling	10:00am – 11:15am
July 1	Ice Skating	9:30am – 11:00am
July 2	Save the Date	8:00am – 12:00pm
July 2	All Work Due	5:00pm

LifeTime Fitness II Session I

May 28 – July 2

Attendance at each class is mandatory

Date	Activity	Time
May 7	Introduction to Class	3:15pm – 4:15pm

Class expectations, format, assignments and activity location will be shared. Parents are welcome to attend. If the student does not attend this class the student will be withdrawn

May 28	5K Practice	8:00am - 9:00am
May 30	Nationwide Children's Sports Med.	10:00am – 11:30am
June 3	Self Defense	10:00am – 11:15am
June 5	5K Practice	8:00am – 9:00am
June 9	5K	8:30am – 10:30am
June 11	Tennis	9:00am – 10:30am
June 17	Fitness	9:30am- 11:00am
July 2	Save the Date	8:00am – 12:00pm
July 2	All Work Due	5:00pm

LifeTime Fitness I Session II

June 18 – July 30

Attendance at each class is mandatory

Date	Activity	Time
May 7	Introduction to Class	3:15pm – 4:15pm

Class expectations, format, assignments and activity location will be shared. Parents are welcome to attend. If the student does not attend this class the student will be withdrawn.

June 18	Ballroom Dance	10:00am – 11:00am
June 26	Bowling	10:00am – 11:15am
July 1	Ice Skating	9:30am – 11:00am
July 9	Ballroom Dance	10:00am – 11:00am
July 15	Hike	9:00am – 10:30am
July 18	Golf	11:00am-12:30pm
July 29	Save The Date	8:00am – 12:00pm
July 30	All Work Due	12:00pm

LifeTime Fitness II Session II

June 18 – July 30

Attendance at each class is mandatory

Date	Activity	Time
May 7	Introduction to Class	3:15pm – 4:15pm

- Class expectations, format, assignments and activity location will be shared.
- Parents are welcome to attend.
- If the student does not attend this class - he/she will be withdrawn

June 19	Fitness	9:30am – 11:00am
June 25	Tennis	9:00am – 10:30am
July 2	5K Practice	9:00am – 10:00am
July 11	Self Defense	10:00am – 11:15am
July 16	Nationwide Children's Sports Med	10:00am – 11:15am
July 18	5K Practice	9:00am – 10:00am
July 27	5K	8:30am – 10:30am
July 29	Save the Date	8:30am – 12:00pm
July 30	All Work Due	12:00pm