

August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1. Guess how many spoonfuls of rice it takes to fill a cup. Now try it.	2. Guess how many spoonfuls of rice it takes to fill a cup. Now try it.
3. . Play the game I Spy with shapes. (ex. I spy something that is round and has 2 hands or I spy something that has 4 legs and is a rectangle.)	4. Write your phone number. Say the numbers as you write them.	5. Say your first, last, and middle name. Now try writing each using only a capital letter at the beginning of each.	6. Does someone read with you every day? What is your favorite book? Why?	7. Practice writing your numbers from 0 to 20. Fix any that might be backwards.	8. Pick up a handful of pennies, tooth-picks, or buttons. Now try counting them one at a time.	9. Name two things bigger than a car. Name two things smaller than a car.
10. If you have sidewalk chalk, draw a picture of yourself on your sidewalk. (Or do it on paper or a chalkboard.)	11. Set the table for dinner. Count the knives and forks.	12. Using an old magazine or catalog, cut out pictures of different people. Now sort them into piles by the color of their shirts.	13. Do 10 hops on each foot. Remember to get lots of exercise every day.	14. Count the windows in your home. What shape are they?	15. Say your name, address, and phone number. What number do we call in case of an emergency?	16. Fill a tray or pan with sand or rice. With your finger write the numbers from 1 to 10. On another day, try writing letters of the alphabet.
17. Go for a walk with a grownup. Discuss what you saw, what you heard, what you smelled, and what	18. Put your left hand on your stomach. Put your right hand on your head.	19. Cut a magazine picture into several pieces. Put the puzzle back together. Now glue it to a piece of paper.	20. Tell four things taller than you. Tell four things shorter than you.	21. Color a picture of something you like to do. Did you add lots of detail and use lots of color? Tell someone what your picture is about.	22. Read a book with someone you love today. Tell what it was about, where it took place, who was in the story.	23. Write the alphabet in lowercase letters. Name each letter as you write it.
24. Count all the lamps in your home.	25. Lay a string or rope on the floor. Walk forward and backward next to it.	26. Recite the nursery rhyme "Jack and Jill."	27. Look at all the pictures in a book before someone reads it to you. What do you think the story will be about?	28. Do you know the name of your new teacher? What bus do you ride?	29. How many legs does a dog have? How many legs does a chicken have? How many legs do you have?	30. Draw a picture of something you hope to learn this year.
31. Make your face look happy, sad, scared, angry, and excited.						