

## Olentangy Food Service

### Elementary School Breakfast Program

Arrowhead Elementary is pleased to participate in the National School Breakfast Program, which makes a balanced, nutritious breakfast available to all students. We wanted to make sure you were aware of this excellent opportunity for your children.

Breakfast is available daily from 8:55 A.M. to 9:05 A.M., except on days when there is a two-hour delay. It is served “grab and go” so that students can quickly pick up their meal and take it to their classroom to eat. Breakfast consists of a fruit or juice, a low-fat milk, and an “entrée” which may be 1 protein and 1 bread equivalent (ex. yogurt and graham cracker bites) or 2 bread equivalents (ex. mini pancakes or French toast). All breakfast selections meet the dietary guidelines for the federal breakfast program. The breakfast menu is posted on the district website so that students may know in advance what is being offered each day. Alternative menu options are available for students with medically documented food allergies or other special dietary needs.

The price for breakfast, which includes milk, is \$1.25. Milk is also available a la carte for \$0.50. If your student is currently participating in the free or reduced-price lunch program, they are automatically eligible for breakfast as well. The reduced-price breakfast is \$.30. Students will use their debit cards to purchase breakfast also, so you will want to plan accordingly when depositing funds to their account.

If you have not applied for the free or reduced-price lunch/breakfast program but believe you may qualify, you may apply at any time. Applications are available in the school office or on the district website.

If you have any questions about the breakfast or lunch programs please feel free to call the district food service office at 740-657-4053, or your building cafeteria manager at 740-657-4662.

This institution is an equal opportunity provider and employer.