

## Family and Consumer Science

### Living on Your Own

3/27/09

Standard 1 Advocate for a healthy lifestyle	Standard 2 Build Relationships	Standard 3 Demonstrate Personal Financial Literacy	Standard 5 Become Consumer Savvy
Impact of choices on individual health and wellness	The relationship between two or more people	Financial literacy includes attitudes, behaviors and skills that contribute to financial satisfaction	The right to which one is justly entitled and the responsibility to answer for personal conduct and obligations
How do you define personal wellness?	How much of an impact can a relationship impact an individual?	What are the most important elements of financial literacy?	What impact do individual consumers have on the community?
Intermediate benchmark A recognize social and cultural factors that influence healthy lifestyle choices	Introductory benchmark B develop coping and resiliency skills	Intermediate Benchmark B illustrate financial institutions and services to meet financial goals	Introductory benchmark recognize the impact of advertising on individual purchasing decisions
Intermediate Benchmark C Create food patterns related to healthy lifestyle outcomes		Introductory Benchmark B describe various financial institutions and services	Introductory benchmark C advocate consumer rights and responsibilities
Intermediate benchmark E determine nutrition information to guide food choices for a healthy lifestyle		Intermediate Benchmark A establish individual and family financial goals	Introductory benchmark E analyze the inner relationship between the economy and consumer decisions