

## Family and Consumer Science

Mentorship II

3/27/09

<b>Standard 2: Build Relationships</b>	<b>Standard 4: Design a Career Blueprint</b>	<b>Standard 7: Manage a Life Plan</b>	<b>Standard 8: Manage Personal Transitions</b>
Building relationships involves the development of personal assets in order to be a healthy, caring and responsible person.	Analyze personal interest, talents, skills, aptitudes and values to create and revise a career plan.	Integrate management principles that will lead to more productive and meaningful lives.	Interpersonal relationships are respectful and caring behaviors in the family, workplace and community for success in the workplace.
What skills are necessary to grow and maintain effective work place relationships?	What employability skills will create a diverse and effective employee?	How can I manage my life?	What relationship skills are necessary to be an effective member in society?
<p><b>Intermediate Benchmark A:</b> Utilize methods that build and maintain healthy interpersonal relationships.</p> <p><b>Intermediate Benchmark B:</b> Use and examine the impact of coping and personal resilience skills.</p> <p><b>Intermediate Benchmark C:</b> Create personal assets that demonstrate healthy, caring and responsible citizenship.</p>	<p><b>Advanced Benchmark A:</b> Assess career plan based on self Knowledge and interests.</p> <p><b>Advanced Benchmark B:</b> Manage job search skills.</p> <p><b>Advanced Benchmark C:</b> Examine career and workplace issues.</p> <p><b>Advanced Benchmark D:</b> Develop interpersonal skills essential In the workplace.</p> <p><b>Advanced Benchmark E:</b> Develop skills that employers demand.</p> <p><b>Advanced Benchmark F:</b> Develop workplace communication Skills to promote self.</p>	<p><b>Advanced Benchmark A:</b> Assess values and resources that support lifestyle goals.</p> <p><b>Advanced Benchmark B:</b> Evaluate effectiveness of time management plans related to educational, work and family goals.</p> <p><b>Advanced Benchmark C:</b> Evaluate and apply plans for reducing and managing stress</p> <p><b>Advanced Benchmark D:</b> Assess training and accountability practices that sustain an environment.</p> <p><b>Advanced Benchmark E:</b> Assess decision-making skills to solve individual, family, group, school and workplace problems.</p> <p><b>Advanced Benchmark F:</b> Apply and evaluate skills for resisting peer-pressure and resolving conflict in interpersonal , educational and workplace relationships.</p> <p><b>Advanced Benchmark G:</b> Justify the value of multicultural awareness in interpersonal, educational, and workplace relationships.</p> <p><b>Advanced Benchmark H:</b> Evaluate friends, family and community systems that support and sustain a productive, meaningful lifestyle.</p>	<p><b>Intermediate Benchmark A:</b> Demonstrate how academic achievement supports personal and career growth.</p> <p><b>Intermediate Benchmark B:</b> Examine various influences on academic , career and personal life transitions.</p> <p><b>Intermediate Benchmark D:</b> Apply effective multi-cultural social skills that lead to effective school, work, community and family relationships.</p>

