

FAMILY AND CONSUMER SCIENCES

MIDDLE SCHOOL

LIFE SKILLS

7TH GRADE REQUIRED

Career Exploration/ Employment	Nutrition and Wellness
Knowledge, skills and practices required for employability	Evaluate nutritional needs for individuals and families
<ol style="list-style-type: none">1. Recognize skills and interests as they apply to career choices2. Identify employability skills3. Recognize factors and resources that support employment goals using resources such as OCIS	<ol style="list-style-type: none">4. Prepare basic recipes for a healthy lifestyle.5. Evaluate factors for health, safety and sanitation.

Become Consumer Savvy	Financial Literacy
Prepare students to be empowered consumers	Develop skills and attitudes to achieve personal financial wellness
<ol style="list-style-type: none">6. Economic decision-making based on needs and values7. Identify participant impact (producers, consumers) on free enterprise system (good and services)8. Describe impact of supply and demand on consumer prices and choices9. Identify the impact of taxes for consumers	<ol style="list-style-type: none">10. Identify banking costs and services (debit v. credit, checking and saving, interest, electronic banking, and loans)11. Develop a budget plan using fixed and variable expenses