

Family and Consumer Science

Human Relationships

3/27/09

Build Relationships	Manage a Life Plan	Nurture and Care for Children	Manage Personal Transitions
<i>A state of affairs existing between two or more individuals.</i>	<i>Integrating management principles that will lead to more productive and meaningful lives.</i>	<i>Physical and intellectual process of a person's growth and development.</i>	<i>Individual impact and interaction on the community at large.</i>
Why do relationships matter?	What are the best strategies for managing stress and coping with change?	What societal and individual issues impact human growth and development?	How does an individuals' development and life transitions impact others?
<p>Benchmark A: Evaluate methods that build and maintain healthy interpersonal relationships.</p> <p>Benchmark B: Examine the impact of coping and personal resiliency skills.</p> <p>Benchmark C: Develop personal assets that demonstrate healthy caring and responsible citizenship.</p>	<p>Benchmark A: Describe and evaluate friend and family systems that support and sustain a productive and meaningful life.</p> <p>Benchmark B: Apply decision making skills to educational, work, and interpersonal problems.</p> <p>Benchmark C: Utilize and recommend skills for conflict resolution for interpersonal, educational, and workplace relationships.</p> <p>Benchmark D: Recommend plans for reducing and managing stress.</p>	<p>Benchmark A: Evaluate skills for building healthy families where children thrive.</p> <p>Benchmark B: Identify how individuals and families prepare for prenatal birth and infant care.</p> <p>Benchmark C: Relate theory and research of child growth and development.</p> <p>Benchmark D: Associate attributes and skills needed to assume the parenting role with healthy adult characteristics.</p>	<p>Benchmark A: Apply social skills that lead to effective school, and family relationships.</p> <p>Benchmark B: Recognize skills to express emotions and resolve differences and conflict.</p> <p>Benchmark C: Examine various influences on personal life transitions.</p>